

# Simple Family Discipleship Starter Plan

*A simple, realistic plan for busy families*

## STEP 1: Choose One Conversation Rhythm

Start Date: \_\_\_\_\_

- Dinner table question once a week
- Bedtime faith question
- Car-ride conversations
- Weekly "Where did you see God?" check-in

## STEP 2: Choose One Faith Practice

Start Date: \_\_\_\_\_

- Bedtime prayer
- Morning prayer before school
- One Bible verse per week
- Weekly family prayer time

## STEP 3: Choose One Way to Serve Together

When: \_\_\_\_\_

- Serve at church
- Help a neighbor
- Write encouragement cards
- Support a mission or ministry

## STEP 4: Partner With the Church

- Ask about weekly lessons
- Pray for leaders by name
- Talk about Sunday/Wednesday at home
- Attend together consistently

## STEP 5: Give Yourself Grace

- Progress over perfection
- Missed days don't mean failure
- Keep showing up